

# EVIDENCE-BASED Narcotic Prescribing



October 30, 2018  
6:00 p.m. - 8:30 p.m.

Montero's Restaurant  
414 McArthur Street  
Elizabeth City, NC 27910

## Overview

Prescription opioid pain medications are responsible for more deaths in North Carolina than heroin and cocaine combined. And, if current trends continue, unintentional poisoning deaths will surpass motor vehicle deaths as the leading cause of injury death in North Carolina. This presentation tackles the prescription drug challenges in practices outlining evidence-based narcotic prescribing and alternative therapy to chronic pain management.

## Target Audience

This conference is specifically designed for physicians, nurse practitioners, physician assistants and pharmacists.

Jointly Provided by:

The Office of Continuing Medical Education of the Brody School of Medicine of East Carolina University, the UNC Eshelman School of Pharmacy, Eastern Area Health Education Center and Sentara Albemarle Medical Center



# Objectives

Upon completion of this knowledge-based program the participant should be able to integrate into practice new developments in the following areas:

## Tackling the Prescription Drug Problem in Your Practice: An Outline for Evidence-Based Narcotic Prescribing

- Review the statistics for prescription drug use and overdose in the US
- Explain the psychological basis for drug seeking behaviors
- Provide an algorithm for appropriate safety based opiate prescribing
- Discuss some common opiate prescribing challenges in practice

## Alternative Therapy for Chronic Pain Management

- Evaluate non-opiate pharmacologic agents for use in chronic pain
- Introduce clinical health psychology as viable treatment options
- Discuss effectiveness and indications for specialized interventions: topical agents, physical medicine, mechanical interventions

# Agenda

6:00 p.m. Registration and Dinner

6:25 p.m. Welcome and Introduction

6:30 p.m. Tackling the Prescription Drug Problem in Your Practice: An Outline for Evidence Based Narcotic Prescribing  
• Michael Lang MD, FACP, DFAPA

7:30 p.m. Alternative Therapy for Chronic Pain Management  
• Michael Lang MD, FACP, DFAPA

8:30 p.m. Adjourn

# Faculty



**Michael Lang MD, FACP, DFAPA**

Clinical Associate Professor

Departments of Psychiatry and Internal Medicine

Program Director, Internal Medicine/Psychiatry Residency Program

Director, Electroconvulsive Therapy and Transcranial Magnetic Stimulation Programs

# Credit

## Physicians

**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Brody School of Medicine of East Carolina University, the UNC Eshelman School of Pharmacy, Eastern AHEC Department of Nursing and Allied Health and Sentara Albemarle Medical Center. The Brody School of Medicine of East Carolina University is accredited by the ACCME to provide continuing medical education for physicians.

**Credit Designation:** The Brody School of Medicine at East Carolina University designates this live activity for a maximum of 2 *AMA PRA Category 1 credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Pharmacists



The University Of North Carolina Eshelman School Of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. ACPE program 0046-9999-18-284-L01-P provides 2.0

contact hours of continuing pharmacy education credit. To receive CE credit, participants must verify attendance, and complete the evaluation form(s) of this program. Participants must provide their name, email address, NABP e-Profile ID, and date of birth (MMDD) to receive credit. Statements of credit can be viewed and printed in CPE Monitor in approximately 2 to 3 weeks. It is the participant's responsibility to check CPE Monitor to verify credit has been uploaded. If credit is not shown please contact the provider **\*\*No partial session credit will be given\*\***

## Nurses

2.0 CNE hours

The Eastern AHEC Department of Nursing and Allied Health Education is approved with distinction as an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Centers Commission on Accreditation.

This Activity provides 2.0 Pharmacotherapeutic Contact Hours for nurses.

## Other Professionals

All other participants will receive 2.0 Eastern AHEC Contact Hours.

# Registration

Registration is available online only at [www.easternahec.net](http://www.easternahec.net)

Pre-registration is required to assure space in this program. The fee for registrations received prior to October 18, 2018 is \$20.00. For registrations received after October 18, 2018, the fee is \$35.00. The registration fee includes dinner.

By attending this event, I acknowledge that Eastern AHEC staff and/or their designees including news media may take general (not close-up) photos or videos of this event for marketing/publicity purposes, and I further allow my likeness to be used in this manner. If I do not wish to appear in these photos or videos, I understand that it is my responsibility to notify Eastern AHEC staff so my preference can be met.

**Handouts will be available online only.** One week prior to the program, registrants will receive a confirmation email with instructions to access handouts along with other program information.

Evaluations will be emailed after the program. Once the evaluation has been completed, your certificate will be available.

# Cancellation Policy

- Cancellations MUST be emailed to [easternahec@ecu.edu](mailto:easternahec@ecu.edu) at least one week in advance of the activity.
- For continuing professional development activities canceled more than one week prior to continuing professional development activity,
  - The registrant may elect to apply the full amount toward a future Eastern AHEC continuing professional development activity being held within one year, OR
  - Substitutions are welcome; advance notification encouraged.

# Americans with Disabilities Act



Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the Department of Disability Support Services at (252) 737-1016 (V/TTY) at least five business days prior to the program.

For more information, contact Ikisha Brothers at 252.335.4399 or [ilbrothers@ecu.edu](mailto:ilbrothers@ecu.edu).

Please bring a sweater or jacket to ensure your comfort.