

MENTAL HEALTH IN DISASTER: ISSUES AND INTERVENTION

September 12, 2019

The Education Center at Eastern AHEC
2600 W. Arlington Blvd.
Greenville, NC

About the Workshop

This presentation will train participants to provide disaster mental health services (DMH) to survivors and responders in shelters and other disaster operations. The training is designed to prepare mental health workers for all settings run by state agencies in North Carolina. It is based on the Red Cross model of disaster response. This workshop is for licensed clinicians only. The model will train Disaster Mental Health clinicians who would assist in shelters or volunteer with the Red Cross. Some additional training with the Red Cross may be required.

Objectives

- **Discuss** principles of effective mental health response to disasters
- **Identify** differences between interventions in clinical settings (e.g., psychotherapy) and DMH interventions
- **Identify** the role of cultural competence in disaster mental health
- **Describe** ethics and values of disaster mental health
- **Prepare** to serve as mental health volunteer in disaster response

Target Audience

- Addiction Professionals
- Healthcare Professionals
- Licensed Professional Counselors
- Public Health Professionals
- Psychologists
- Marriage and Family Therapists
- Clinicians working with children, adolescents, and families
- Psychiatric Nurses
- Counselors
- Social Workers



Area Health Education Center

Agenda

8:30 a.m.	CHECK-IN
9:00 a.m.	Overview of Disasters and Principles of Disaster Mental Health
10:30 a.m.	BREAK
10:45 a.m.	Disaster Mental Health -Interventions
12:00 p.m.	LUNCH (on your own)
1:00 p.m.	Pharmacotherapy, Ethics & Self-Care
2:00 p.m.	BREAK
2:15 p.m.	Role Play Scenarios
4:15 p.m.	Wrap Up / Discussion
4:30 p.m.	ADJOURNMENT

Faculty

Allan K. Chrisman, M.D., DLFAPA, DLFAACAP

Associate Professor Psychiatry-Emeritus, Duke University School of Medicine, Department of Psychiatry & Behavioral Sciences; Chair of Disaster Committee, North Carolina Psychiatric Association

Dr. Chrisman began his Disaster Mental Health volunteering with the American Red Cross in 2008 as a responder during Hurricane Katrina. Since then he has been involved with a number of national and state deployments. Since retiring, he has pursued his interest in disaster mental health as an American Red Cross Disaster Health Services and Disaster Mental Health volunteer during disasters. Dr. Chrisman is also actively involved in building community resilience through his memberships in the Chapel Hill Community Police Advisory Committee and the Building Community Resilience Committee of the Town of Chapel Hill.

Andrew Short, PhD

Co-Chair of the Disaster Response Task Force of the NC Psychological Foundation, which provides leadership in mental health responses to disaster.

Dr. Short is Co-Coordinator of the NC Disaster Response Network, a network of mental health professionals who respond in disasters. The Task Force and Network include members from each of the licensed mental health professions that serve in response to disaster as well as representatives of the American Red Cross and the NC Division of MHDDSA. Dr. Short is a Licensed Psychologist and was formerly Clinical Associate Professor of Psychiatry at UNC-Chapel Hill. He has served as a mental health responder and supervisor with the American Red Cross (ARC) in local, state and national disaster operations. Dr. Short has worked in shelters and consulted in community response sites in Florida and in North Carolina. He has presented on mental health intervention in disaster and conducted training in disaster mental health for the Red Cross.

Program Location

This program is being held at the Eastern Area Health Education Center located at 2600 W. Arlington Blvd., Greenville, NC.
http://eahec.ecu.edu/ns/map_directions.cfm

Americans with Disabilities Act



Individuals requesting accommodations under the Americans with Disabilities Act (ADA), should contact the ECU Department of Disability Support Services at (252) 737-1016 (V/TTY) at least five business days prior to the program.

If you would like more information on the program, please contact Mental Health Education at **(252) 744-5228** or **Legerel14@ecu.edu**.

Handouts & Evaluations

Handouts will be available online only. One week prior to the program, registrants will receive a confirmation email with instructions to access handouts along with other program information.

Evaluations will be emailed after the program. Once the evaluation has been completed, your certificate will be available.

Credit

Category A-NC Psychology Credit

This program will provide 6.0 contact hours of (Category A) continuing education for North Carolina psychologists.
No partial credit will be given.

Contact Hours

Certificates reflecting 6.0 contact hours of education will be awarded at the completion of the program.

National Board for Certified Counselors Credit (NBCC)

Eastern AHEC has been approved by NBCC as an approved Continuing Education Provider, ACEP No. 5645. Programs that do not qualify for NBCC credit are clearly identified. Eastern AHEC is solely responsible for all aspects of the programs.



Substance Abuse Counselor Credit (SAC)

Application has been made to the North Carolina Substance Abuse Professional Practice Board for 6.0 hours of Substance Abuse General Skill Building hours.

Registration Information

Registration is online only at www.easternahec.net and requires a current MyAHEC account.

Program Fee: **\$90.00**

The registration fee includes program materials, refreshments, and credit.

By attending this event, I acknowledge that Eastern AHEC and/or their designees including news media may take general (not close-up) photos or videos of this event for marketing/publicity purposes, and I further allow my likeness to be used in this manner. If I do not wish to appear in these photos or videos, I understand that it is my responsibility to notify Eastern AHEC staff so my preferences can be met.

Eastern AHEC Cancellation Policy

- Registrants cancelling between two weeks and two business days prior to the first day of the event will incur a 30% cancellation fee (\$25 minimum).
- No refunds will be given for cancellations received less than two business days prior to the event.
- No refunds or credits will be given for no-shows.
- Substitutes are welcome (please notify us in advance of the event).
- Cancellations MUST be made in writing by mail or email at easternahec@ecu.edu.