EAST CAROLINA
CARDIOVASCULAR
SYMPOSIUM 2019
Applying Wisdom to the Heart of Practice
October 30, 2019
East Carolina Heart Institute at ECU
Greenville, NC

Jointly Provided by
East Carolina Heart Institute at Vidant Medical Center
Continuing Medical Education of the Brody School of Medicine at East Carolina University
The University of North Carolina Eshelman School of Pharmacy
Eastern AHEC Department of Nursing and Allied Health Education
Symposium Description

This conference will enable health care professionals to update their knowledge of evidence-based cardiovascular care essential to the improvement of clinical practice and patient outcomes. Expert faculty will present topics including current management of essential hypertension, practical approach to acute coronary syndrome and common arrhythmias, non-surgical management of advanced heart disease, surgical management of aortic disease, approach to structural heart disease, and applied cardiac imaging. Translating guidelines into clinical practice and the heart-brain connection will be explored in depth. The program will end with experts engaging the audience in examining real-life case studies.

Who Should Attend

The target audience includes the various disciplines who desire to provide optimal care to the cardiovascular patient, including physicians, registered nurses, pharmacists, nurse practitioners, physician assistants, radiologic technologists and other interested health care professionals.

Learning Outcomes

Upon completion of this knowledge-based program, participants will gain insight into methods to apply cardiovascular evidence in everyday clinical practice. Speakers will:

• Discuss useful tactics in the treatment of essential hypertension based on the latest clinical evidence.
• Examine the practical management of acute coronary syndrome including presentation, stabilization and follow-up care.
• Examine evidence- and experience-based approaches in the management of common arrhythmias.
• Discuss surgical management of aortic disease.
• Apprise the disconnect between evidence-based guidelines and clinical practice.
• Review non-surgical management options for patients with advanced heart failure.
• Review the appropriateness criteria for selected cardiovascular diagnostic imaging in clinical practice.
• Describe the best treatment modalities for patients with structural heart disease.
• Promote a holistic approach to the cardiovascular patient with emphasis on the heart-brain connection.
7:00 a.m. Registration / View Exhibits

7:45 Welcome/Setting the Stage
Hassan Alhosaini, MD, FACC, FHFS

8:00 Update in the Management of Essential Hypertension
James R. Powell, MD, FACP

8:45 Practical Approach to ACS Management
Ashesh Buch, MD, MRCP

9:30 Real-World Approach to Common Arrhythmias
Adam Clark, MD, MHS

10:15 Break / View Exhibits

10:30 Surgical Management of Aortic Disease
Benjamin Degner, MD

11:15 Keynote Lecture: Translating Guidelines into Clinical Practice
Kirkwood Adams, Jr, MD

12:15 Lunch / View Exhibits and Posters

1:15 Non-surgical Management of Advanced Heart Failure
Adam DeVore, MD, MHS

1:45 Applied Imaging in Cardiovascular Disease
Constantin Bogdan Marcu, MD, FACC, FESC, FASE

2:15 Break / View Exhibits

2:30 Structural Heart Disease
Blasé Carabello, MD

3:00 The Heart-Brain Connection: Beyond Pills and Gadgets
Kari Kirian, PhD

3:45 Case Studies: Putting it all Together
Moderator: Hassan Alhosaini, MD, FACC, FHFS

4:45 Adjourn
Faculty

MEDICAL PROGRAM DIRECTOR
Hassan Alhosaini, MD, FACC, FHFSAMedical Director - Heart Failure & Mechanical Circulatory Support ProgramCardiology Director - Cardiac Intensive Care UnitEast Carolina Heart Institute atVidant Medical CenterAssistant Clinical Professor of MedicineDepartment of Cardiovascular SciencesBrody School of Medicine at East Carolina University

GUEST FACULTY
Kirkwood F. Adams, Jr., MDAssociate Professor of Medicine/RadiologyDivision of CardiologyUNC School of Medicine

Adam DeVore, MD, MHSAssistant Professor of MedicineDivision of CardiologyDuke University School of Medicine

James R. Powell, MD, FACPDivision Chief, General Internal MedicineClinical Associate ProfessorBrody School of Medicine at East Carolina University

Ashesh Buch, MD, MRCPAssistant Professor, Division of CardiologyAssociate Program Director, Interventional Cardiology FellowshipEast Carolina Heart Institute at ECUBrody School of Medicine at East Carolina University

Adam Clark, MD, MHSVidant CardiologyVidant Medical Group

Benjamin Degner, MDAssistant Professor, Division of Cardiac SurgeryEast Carolina Heart Institute at ECUBrody School of Medicine at East Carolina University

Constantin Bogdan Marcu, MD, FACC, FESC, FASEClinical Professor of Cardiology, Department of CardiologyDirector of Advanced Cardiac Imaging and Advanced Imaging EducationEast Carolina Heart Institute at ECUBrody School of Medicine at East Carolina University

Blase A. Carabello, MDProfessor and Chief, Department of Cardiovascular SciencesEast Carolina Heart Institute at ECUBrody School of Medicine at East Carolina University

Kari Kirian, PhDCardiac Psychologist, Vidant CardiologyVidant Medical Group

Charisse Klug, FNP-C, RNNurse Practitioner, CT SurgeryVidant Medical Center

Erika Giblin, PharmDCardiology Clinical Pharmacy Specialist, Vidant Medical CenterClinical Assistant Professor, Campbell University College of Pharmacy & Health Sciences

Credit

Nurses
Certificate of Completion with Pharmacotherapeutic Credit:
Credit Awarded: 7.5 CNE Contact Hours
4.5 hours of which are Pharmacotherapeutic content
Eastern AHEC Department of Nursing and Allied Health Education is approved with distinction as an Approved Provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Centers Commission on Accreditation.

Nurses, Pharmacists and Radiologic Technologists must attend the entire program in order to earn contact hour credit. Verification of participation will be noted by check-in at the start of the program and an initial-out at the conclusion of the program. Certificates will be available after the participant completes the online evaluation.
Physicians

ACCREDITATION: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Brody School of Medicine at East Carolina University, East Carolina Heart Institute at Vidant Medical Center, The University of North Carolina Eshelman School of Pharmacy and Eastern AHEC Department of Nursing and Allied Health Education. The Brody School of Medicine at East Carolina University is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT: The Brody School of Medicine at East Carolina University designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Pharmacists

The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education credit. This ACPE program # 0046-9999-19-325-L01-P provides 7.5 contact hours of continuing pharmacy education credit. To receive CE credit, participants must verify attendance, and complete the evaluation form(s) of this program. Participants must provide their name, email address, NABP e-Profile ID, and date of birth (MMDD) to receive credit. Statements of credit can be viewed and printed in CPE Monitor in approximately 2 to 3 weeks. It is the participant’s responsibility to check CPE Monitor to verify credit has been uploaded. If credit is not shown please contact the provider

*No partial session credit will be given.*

Radiologic Technologists

Category A CE credit is pending approval by the ASRT

Other Professionals

All other participants will receive 7.0 Eastern AHEC Contact Hours.

Registration Information

Pre-registration is required to assure space in this program.

The fee for registration

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<tr>
<th>Category</th>
<th>Fee</th>
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<tr>
<td>MD/DO</td>
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<tr>
<td>Nurses/ Pharmacists/Others</td>
<td>$95</td>
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<tr>
<td>Radiology Technologists, EMS</td>
<td>$75</td>
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<tr>
<td>Residents/Fellows/Medical Students</td>
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Registration is online only at [www.easternahec.net](http://www.easternahec.net) and requires a current MyAccount account.

For further information contact Eastern AHEC at 252-744-3087.
Handouts

Handouts will be available online only. One week prior to the program, registrants will receive a confirmation email with instructions to access handouts along with additional program information.

Evaluations will be emailed after the program. Once the evaluation has been completed, your certificate will be available.

Eastern AHEC Cancellation Policy

• Cancellations must be in writing (easternahec@ecu.edu).
• Registrants canceling between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum $25 cancellation fee.
• No refunds or credits will be given for cancellations received less than two full business days prior to the event.
• Cancellations greater than two weeks prior to the event will receive 100% refund.
• No vouchers will be issued in lieu of a refund.
• Transfers/substitute(s) welcome (notify in advance of the program).

Photo Policy

Attendance at this activity grants permission for Eastern AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.

Americans with Disabilities Act

Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the Department of Disability Support Services at (252) 737-1016 (V/TTY) at least five business days prior to the program.

*Please bring a sweater or jacket to ensure your comfort.*