2021 I/DD SERVICES CONFERENCE: BUILDING BLOCKS FOR THE FUTURE IN PRACTICE

October 7-8, 2021

Provided via Live Webinar Only

About the Conference

This annual conference continues to encourage an interdisciplinary framework to improve outcomes and increase the quality of life in the I/DD population in North Carolina. The I/DD population is one of those vulnerable populations that COVID-19 has disparately affected and it is imperative that professionals at all levels are equipped to continue to provide the quality care, support, and services needed as we all transition through this unprecedented time. The conference will feature a variety of sessions geared toward empowering the provider to enhance clinical practice. Medicaid transformation is the driver that will bring integrated care to its full fruition.

Jennifer Mahan has worked in legislative, grassroots, and one-on-one advocacy programs for over 30 years, including 11 years with the Autism Society of North Carolina. She will be the opening speaker discussing current policy issues affecting the clients you serve.

Participants will hear from an MCO/LME, policy issues, transition from pediatric to adult care, addressing sexual violence, crisis management, and many more. Choose to register for the entire conference or just one day. Don’t miss out on the opportunity to be a part of this vital discussion with a diverse group of professionals on enhancing whole person care for this population.

TARGET AUDIENCE

- Professionals working with children, adolescents, and adults with I/DD
- Licensed Clinical Mental Health Counselors
- Families/Caregivers
- Public/Allied Health Professionals
- Psychologists
- School Personnel
- Early Intervention Staff
- Case Managers
- Care Coordinators
- Qualified Professionals
- Group Home Personnel
- Direct Service Providers
- Nurses
- Social Workers
- Healthcare Providers (Nurse Practitioners, Physician Assistants)
- All interested behavioral health professionals
Conference Objectives

- **Recognize** key components of integrated care and public policy changes that will take place during NC Medicaid transformation and how that will affect persons with I/DD
- **Identify** evidence-based approaches for collaboration to identify risks, improve access and care, and identify strategies and resources that support optimal health for individuals with I/DD
- **Identify** strategies and resources that support optimal health for individuals with I/DD
- **Discuss** health concerns among IDD, prevention strategies, and risks associated with polypharmacy

Planning Committee

**Tonia Joyner, MS, LCAS**  
Assistant Director  
Mental Health Education  
Eastern AHEC

**Laura Bliley, MSN, RN**  
Assistant Director  
Nursing & Allied Health Education  
Eastern AHEC

**Rhonda Godwin, LRT**  
Recreational Therapist IV  
Vidant Behavioral Health

**Jacob Spurrier, BSW/AP**  
Associate Autism Service Coordinator  
Autism Society of North Carolina

**Deborah Gorham, QA**  
Better Connections, Inc

**Jessica Coombs, BA**  
Lead IDD Care Coordinator  
Eastpointe Human Services

**Sheila Wooten**  
Staff Development Director  
Caswell Developmental Center

**Gary Stainback, PhD.**  
Adjunct Faculty Psychology Department  
East Carolina University

**Belinda Hobbs, RN-BC**  
Nurse Consultant-Staff Development  
O’Berry Neuro-Medical Treatment Center

**Denise Taylor**  
Staff Development Coordinator  
O’Berry Neuro-Medical Treatment Center

**Crystal Dougherty, OPMS**  
I/DD Care Coordinator Manager  
Trillium Health Resources
### Conference Agenda

**October 7, 2021**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 a.m.</td>
<td><strong>LOG IN</strong></td>
</tr>
<tr>
<td>9:00 a.m.</td>
<td>Welcome and Opening Remarks</td>
</tr>
<tr>
<td>9:15 a.m.</td>
<td>Tonia Joyner, MS, LCAS</td>
</tr>
<tr>
<td>10:15 a.m.</td>
<td>Assistant Director, Mental Health Education, Eastern AHEC</td>
</tr>
<tr>
<td>10:30 a.m.</td>
<td><strong>Keynote Presentation</strong></td>
</tr>
<tr>
<td>10:45 a.m.</td>
<td>Morning Concurrent Sessions</td>
</tr>
<tr>
<td>12:00 p.m.</td>
<td><strong>BREAK</strong></td>
</tr>
<tr>
<td>12:45 p.m.</td>
<td>Lunch</td>
</tr>
<tr>
<td>1:00 p.m.</td>
<td>Afternoon Concurrent Sessions</td>
</tr>
<tr>
<td>3:00 p.m.</td>
<td><strong>ADJOURNMENT</strong></td>
</tr>
</tbody>
</table>

**October 8, 2021**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 a.m.</td>
<td><strong>LOG IN</strong></td>
</tr>
<tr>
<td>8:30 a.m.</td>
<td>Early Morning Concurrent Sessions</td>
</tr>
<tr>
<td>10:30 a.m.</td>
<td><strong>BREAK</strong></td>
</tr>
<tr>
<td>10:45 a.m.</td>
<td>Late Morning Concurrent Sessions</td>
</tr>
<tr>
<td>12:15 p.m.</td>
<td>Lunch</td>
</tr>
<tr>
<td>12:45 p.m.</td>
<td>Afternoon Concurrent Sessions</td>
</tr>
<tr>
<td>3:15 p.m.</td>
<td><strong>ADJOURNMENT</strong></td>
</tr>
</tbody>
</table>

---

**DAY ONE - KEYNOTE PRESENTATION**

**CURRENT ISSUES IN DEVELOPMENTAL DISABILITY ADVOCACY: WHAT’S HAPPENING AND WHAT YOU CAN DO**

**JENNIFER MAHAN, BA, MPA**
Director of Public Policy, Autism Society of NC

During this keynote session, participants will understand current public policy issues going on in North Carolina that impact people with developmental disabilities. The discussion will include COVID-19, Medicaid Transformation, access to services, and legislative initiatives. Participants will learn how advocacy can make a difference. The session will conclude with guidance on where to go for more information and how you can continue to be an advocate.
### Morning Concurrent Sessions

**10:30 a.m. - 12:00 p.m.**

#### Responding to the Pandemic: Maintaining and Retooling I/DD Services

**CHRISTIE EDWARDS, MS, LCMHC, LCAS**  
Vice President of Clinical Operations, Trillium Health Resources

**MEGAN ROBERSON, BS, ATP**  
Head of System Development and Policy Strategy, Trillium Health Resources

The COVID-19 pandemic has disrupted healthcare including the I/DD service landscape in North Carolina. Throughout this session, we will cover how Trillium used lessons learned through previous disaster response efforts to help maintain access to I/DD services for our members, identify new services to help meet the unique needs of I/DD members during the pandemic, and specific processes for implementation that are keys to success for any disaster response.

**Objectives:**
- Discuss ways to help maintain access to I/DD services for members during the COVID-19 pandemic and other disaster situations
- Identify new services implemented during the COVID-19 pandemic by Trillium
- Describe specific processes that are key to implementing new services, processes, and other supports during disaster situations

#### Transitioning from Pediatric to Adult Healthcare: Practical Tips for Providers who Work with Youth with I/DD

**DIANA M. CEJAS, MD, MPH**  
Assistant Professor of Neurology, University of North Carolina at Chapel Hill, Carolina Institute for Developmental Disabilities

This session will provide information on the process of transitioning from pediatric to adult healthcare systems for adolescents and young adults with intellectual and neurodevelopmental disabilities. Participants will learn about the overall process of transitioning and how to support their patients with each step along the way.

**Objectives:**
- Describe the process of transitioning from pediatric to adult healthcare services
- List the components of a transition plan
- Start a conversation about transition to adulthood with your patients

**LUNCH: 12:00 p.m. - 1:00 p.m.**

### Afternoon Concurrent Sessions

**1:00 p.m. - 3:00 p.m.**

#### Crisis Situations: A Systemic Analysis

**TAYLOR WHITE, MSW, LCSW**  
START Clinical Team Lead, NC START East, RHA Health Services

**SUZY MAYBERRY, MSW, LCSW**  
START Clinical Team Lead, NC START East, RHA Health Services

The presenters will review some common triggers of those diagnosed with IDD from a biopsychosocial lens. This will include an overview of prevention strategies, crisis interventions, and resources for the participants to utilize during crisis events. During this session, the presenters will illustrate how the system of support is crucial to supporting those with IDD.

**Objectives:**
- Identify common triggers in the IDD population
- Identify strategies for crisis intervention
- Identify crisis prevention strategies and resources

**ADJOURNMENT: 3:00 p.m.**
Sexual Violence Prevention for Individuals with Developmental Disabilities

MARGARET DERAMUS, MS, CCC-SLP
Speech Language Pathology Faculty, Clinical Instructor, UNC Carolina Institute for Developmental Disabilities (CIDD)

MORGAN PARLIER, MSW, LCSW
Clinical Social Work Faculty, Clinical Instructor, UNC Carolina Institute for Developmental Disabilities (CIDD)

Individuals with intellectual or developmental disabilities (I/DD) are more likely to be victims and/or offenders of sexual assault than the general population. Therefore, it is imperative that adolescents be educated regarding sexual behaviors, boundaries, and healthy/unhealthy relationships to address sexual violence within this population. This presentation will relay the alarming statistics of sexual assaults among individuals with I/DD, reinforce the need for widespread comprehensive sexuality education amongst this population, and identify the components and required modifications of a comprehensive curriculum. The presenters would also like to promote group discussion regarding barriers and benefits of providing sexuality education to individuals with I/DD.

Objectives:
• Gain an understanding of sexual violence issue in the I/DD community
• Describe best practices that support prevention of sexual violence against this group

Diversity in Neurodivergence: Girls and Women with Autism

CAROLINE M. GARRETT, MSW
Clinical Social Worker, UNC Chapel Hill

This session introduces autism from a feminist, strengths-based neurodiversity perspective and explores historical points of view on autism and gender. An in-depth look into the Female Autism Phenotype theory explains why girls and women with autism often go unrecognized and the consequences of under-diagnosis. Common overviews of autism state that the neurodevelopmental disability occurs four times more often in boys; however, this is based on incomplete research evidence that does not consider different ways that girls can display autism symptoms. In-depth research across the lifespan considers historical diagnostic bias towards boys, which informed current autism criteria and behavioral manifestations. This newer knowledge reveals that girls and women are often diagnosed later in life than their male counterparts. Together, participants will discuss successes and challenges in their fields and collaborate on methods to improve gender-competent care for individuals with autism.

Objectives:
• Describe characteristics of the “female autism phenotype”
• Examine biases and micro aggressions experienced by autistic women
• Demonstrate the importance of timely diagnosis and appropriate interventions for quality of life of autistic girls and women
• Implement culturally competent care related to gender within one’s profession

This presenter is being supported through a partnership between the UNC-CH School of Social Work and the NCAHEC Program

BREAK: 10:30 a.m.
Just When You thought You Knew Everything About IID and IDD

MICHAEL E. BUNCH, MD
Medical Director, O’Berry Neuro-Medical Treatment Center

Healthcare providers are tasked daily in providing support and care for an aging IID and IDD population. This session is designed to augment one’s current knowledge and to build and solidify understanding in the invaluable role one plays in this unique population that makes a difference in this area. This session will assist one in arming oneself with tools to accomplish these goals in a holistic way.

Objectives:
• Describe how aging in IID differs from the general population
• Demonstrate how to treat and work with the aging IID population.

Cannabidiol is an Old Drug with New Indications- But do These Include Autism?

KEN SODERSTROM, PHD
Associate Professor, Department of Pharmacology and Toxicology, Brody School of Medicine, East Carolina University

Cannabidiol has demonstrated clinical utility for the treatment of MS-associated spasticity and severe childhood seizure disorders. Outside of the clinic, a growing public perception suggests extracts of high-cannabidiol producing hemp strains are effective remedies for a host of conditions, including problems related to autism spectrum disorder (ASD). Evidence for perceived efficacy of cannabidiol in ASD will be presented with a focus on a pre-clinical animal model of vocal learning.

Objectives:
• Discuss current research on CBD mechanism and its speculative effects in autism
• Identify the different formulations of CBD available and its proposed efficacy for improving certain behaviors in autistic individuals

LUNCH - 12:15 p.m. - 1:15 p.m.
Identifying and Treating Psychosis in Individuals with Intellectual Disability

THOMAS H CLAY, MD
Clinical Associate Professor, Outpatient Director, Brody School of Medicine, East Carolina University

Persons with intellectual and/or developmental disabilities are vulnerable to the same psychiatric conditions as the general populations. In this session, the presenter will describe the challenges that the clinician faces in assessing psychosis in individuals with intellectual disability. The process of implementing somatic treatments for psychosis in individuals with intellectual disability will also be discussed.

Objectives:
- Describe the challenges that the clinician faces in assessing psychosis in individuals with intellectual disability
- Describe the process of implementing somatic treatments for psychosis in individuals with intellectual disability

Law Enforcement and ID/DD: Strategies for Success

SARA E. STANTON, MA, NCC
Director, NC START East, RHA Health Services

ALLISON STREEVER
Coordinator, NC START East, RHA Health Services

This session will focus on collaboration with law enforcement and considerations with crisis response with this population. Training models and programs implemented in collaboration with law enforcement will be introduced. The session will conclude with strategies and tools used to increase positive outcomes in crisis response with law enforcement.

Objectives:
- Explore trends that describe the relationship between individuals with ID/DD and law enforcement
- Identify proactive strategies for engaging local law enforcement in crisis prevention and intervention for those with ID/DD
- Describe some tools that can be helpful for positive outcomes when engaging law enforcement for crisis response

ADJOURNMENT - 3:15 p.m.
Credit

Category A-NC Psychology Credit
This program will provide 10 contact hours of (Category A) continuing education for North Carolina psychologists.
No partial credit will be given.

Contact Hours
Certificates reflecting 10 contact hours of education will be awarded at the completion of the program.

National Board for Certified Counselors Credit (NBCC)
Eastern AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5645. Programs that do not qualify for NBCC credit are clearly identified. Eastern AHEC is solely responsible for all aspects of the programs.

North Carolina Public School Personnel Renewal Credit (PSPR)
This program will provide 10 contact hours of continuing education for North Carolina Public School Personnel.

10.0 Nursing Contact Hours
Eastern AHEC Department of Nursing & Allied Health is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Participants must attend 80% of the program to be awarded contact hour credit. Participants may be awarded credit based on participation for one day of this two-day program. No partial credit within a program day will be awarded.

Handouts & Evaluations
Handouts will be available online only. One week prior to the program, registrants will receive a confirmation email with instructions to access handouts along with other program information.

Evaluations will be emailed after the program. Once the evaluation has been completed, your certificate will be available.

Americans with Disabilities Act
Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the ADA coordinator at least five days prior to the event at 252-737-1018 / ada-coordinator@ecu.edu.

Registration Information
Registration is online only at www.easternahec.net and requires a current MyAHEC account. Be sure to choose your sessions and credits during registration. Registration will close the day before the program at 12:00 p.m.

Fee for both days: $135.00
Fee for one day: $90.00

Group rates are available for agencies sending five or more employees. Contact us for a voucher code before registering.

A link and information regarding joining via webinar will be included in your confirmation email.

Click here for technical requirements and privacy information.

All Rights Reserved Statement
You may not record, reproduce, publish, distribute, modify, create derivative works, or transmit any program content and/or material presented during continuing professional development (CPD) activities. Continuing professional credit will not be given for unauthorized copied and transmitted recordings of any CPD programs and other activities. Prior registration and attendance are required to receive continuing professional credit.

Attendance at this activity grants permission for Eastern AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.

Eastern AHEC Cancellation Policy
• Cancellations must be in writing (easternahec@ecu.edu).
• Registrants canceling between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum $25 cancellation fee.
• No refunds or credits will be given for cancellations received less than two full business days prior to the event.
• Cancellations greater than two weeks prior to the event will receive 100% refund.
• No vouchers will be issued in lieu of a refund.
• Transfers/substitute(s) welcome (notify in advance of the program).

If you would like more information on the program, please call Mental Health Education at (252) 744-5228 or legerel14@ecu.edu.