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THE JON B. TINGELSTAD CONFERENCE:

# PRACTICAL PEDIATRICS

**Friday, June 24, 2022**

The Education Center at Eastern AHEC  
2600 W. Arlington Blvd., Greenville, NC

Also Presented by **Live Webinar**

**Provided by:**

The Department of Pediatrics and Continuing Medical Education of the Brody School of Medicine at East Carolina University®, in association with Eastern Area Health Education Center



**The Jon B. Tingelstad Conference: Practical Pediatrics** is planned for clinicians providing care to pediatric patients. It is designed to increase awareness of changing issues in pediatric health care and to provide a review of selected topics identified by clinicians as some of the more challenging issues managed in day-to-day practice.

Upon completion of this knowledge-based conference, participants should have a greater understanding of strategies to integrate into practice new developments in the following:

**Prediabetes Management in the Pediatrician's Office**

- Identify and screen children with prediabetes and employ interventions to decrease likelihood of disease progression to Type 2 Diabetes

**Evaluation of Bruising and Bleeding: When to Take the Next Step**

- Discuss and practice appropriate workup for children who present with concern for a potential bleeding disorder

**Back in the Game: A General Pediatrician's Guide to Ensuring Safe Return to Play**

- Use guidelines and best evidence to provide recommendations about clearance for sports participation for youth with a variety of medical issues

**COVID-19 Trends and Observations for Hospitalized Children in ENC**

- Recognize presentations of severe COVID-19 infection, discuss therapeutic options, and provide follow-up for affected children

**We May Be Done With COVID, but it Ain't Done With Us**

- Practice management of COVID infections in the primary care office setting and in the community

**Management of Pediatric Depression and Anxiety in Primary Care**

- Apply behavioral health screening tools and rating scales to screen and guide psychopharmacology treatment for pediatric anxiety and depression

**New Guidelines in Asthma Management - Take a Deep Breath**

- Discuss ways to incorporate updated guidelines for asthma management into primary care practice

**The Long-Anticipated Guidelines for Management of Well-Appearing Febrile Infants**

- Apply new guidelines when assessing and managing young infants with fever



# Agenda

7:30 a.m. Log In/Check In

8:00 a.m. Welcome and Overview

Morning Moderator: *Karin Hillenbrand, MD, MPH*

8:10 a.m. Prediabetes Management in the Pediatrician's Office

*Erin Slatter Atwood, MD, MEd*

9:00 a.m. Evaluation of Bruising and Bleeding: When to Take the Next Step

*Sarah B. Leonard, MD, MPH*

9:50 a.m. Break

10:05 a.m. Back in the Game: A General Pediatrician's Guide to Ensuring Safe Return to Play

*John D. Townsend, MD*

10:55 a.m. COVID-19 Trends and Observations for Hospitalized Children in ENC

*Kathryn Best, DO*

11:25 a.m. Lunch Break

Afternoon Moderator: *Matthew R. Ledoux, MD*

12:25 p.m. We May be Done With COVID, but It Ain't Done With Us

*William A. B. Dalzell, MD*

1:25 p.m. Management of Pediatric Depression and Anxiety in Primary Care

*Amanda D. Kimberg, MD, Chelsea Swanson, MPH*

2:25 p.m. Break

2:40 p.m. New Guidelines in Asthma Management - Take a Deep Breath

*William I. Wooten, III, MD*

3:30 p.m. The Long-Anticipated Guidelines for Management of Well-Appearing Febrile Infants

*Inga Aikman, MD, MPH*

4:20 p.m. Q&A

4:40 p.m. Adjourn



# Faculty

## PROGRAM DIRECTOR

**Karin Hillenbrand, MD, MPH**  
Professor  
Department of Pediatrics

## BRODY SCHOOL OF MEDICINE FACULTY

**Erin Slatter Atwood, MD, MEd**  
Clinical Assistant Professor  
Pediatric Endocrinology

**Inga Aikman, MD, MPH**  
Assistant Professor  
Pediatric Hospital Medicine

**Kathryn Best, DO**  
Clinical Assistant Professor  
Pediatric Critical Care

**William A. B. Dalzell, MD**  
Clinical Professor of Pediatrics  
Pediatric Infectious Disease  
Medical Director of Infection Prevention  
Maynard Children's Hospital

**Sarah B. Leonard, MD, MPH**  
Assistant Professor  
Pediatric Hematology / Oncology

**Matthew R. Ledoux, MD**  
Interim Chair, Department of Pediatrics  
Pediatrician in Chief, Maynard Children's Hospital  
Vidant Medical Center  
Division Chief, Division of Pediatric Critical Care and  
Hospital Medicine  
Associate Professor of Pediatrics

**John D. Townsend, MD**  
Clinical Assistant Professor  
Department of Pediatrics

**William I. Wooten, III, MD**  
Associate Professor  
Pediatric Pulmonology and Sleep Medicine

**Jon B. Tingelstad, MD**  
Professor Emeritus and Former Chair  
Department of Pediatrics

## GUEST FACULTY

**Amanda D. Kimberg, MD**  
Child and Adolescent Psychiatrist and Pediatrician  
Medical Instructor  
Department of Psychiatry and Behavioral Sciences  
Duke University School of Medicine

**Chelsea Swanson, MPH**  
Program Manager  
North Carolina Psychiatry Access Line (NC-PAL)

## PLANNING COMMITTEE

**Karin M. Hillenbrand, MD, MPH,**  
Professor of Pediatrics; Program Director

**Ally Moser, MA**  
Assistant Director, Continuing Medical, Dental and Pharmacy Education

**Stacey Applegate, DO, MSc**  
Clinical Assistant Professor, Pediatric Cardiology

**Benjamin "Jud" Copeland, MD**  
Clinical Associate Professor of Pediatrics

**Shannon Kinlaw, MD**  
Pediatrician, Greenville Pediatric Services, Inc

**Linh Nguyen, DO**  
Pediatric Senior Resident, Vidant Medical Center

# Credit

## Accreditation

The Brody School of Medicine at East Carolina University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

## Credit

The Brody School of Medicine of East Carolina University designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## AAFP

This activity, Practical Pediatrics, with a date of June 24, 2022, has been submitted to the AAFP for consideration of approval.

## ABP Maintenance of Certification

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 7.0 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

## CME for Physician Assistants

AAPA accepts certificate of participation for educational activities certified for *AMA PRA Category 1 Credits*<sup>™</sup> from organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum of 7.0 hours of Category 1 credit for completing this program.

## Eastern AHEC Contact Hours

7.0 EAHEC Contact Hours. This activity is designated for 7.0 *AMA PRA Category 1 Credit(s)*<sup>™</sup>.

# Registration Information

Registration is online only at [www.easternahec.net](http://www.easternahec.net) and requires a current MyAHEC account. Registration will close the day before the program at 12:00 p.m.

## Registration Fees

\$145 - MD/DO/PhD/PharmD/Other Doctorates  
\$95 - NP/PA/RN/Other Healthcare Professionals  
\$50 - Residents/Medical Students

## NC AHEC Photo Policy

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## COVID-19 Seating Statement

Conference seating may be limited based on NC public health guidelines for gatherings to continue to slow the spread of COVID-19. Additional guidance for attending the conference will be emailed to you one week prior to the conference. More information will be posted to the Eastern AHEC website.

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**Webinar Information:** A link and information regarding joining via webinar will be included in your confirmation email. Please test your computer system ahead of time to make sure you will be able to participate.

[Click here](#) for technical requirements and privacy information.

# Handouts and Evaluations

Handouts will be available online only. One week prior to the program, registrants will receive a confirmation email with instructions to access handouts along with other program information.

Evaluations will be emailed after the program. Once the evaluation has been completed, your certificate will be available.

# Cancellation Policy

- Cancellations must be in writing ([easternahec@ecu.edu](mailto:easternahec@ecu.edu)).
- Registrants canceling between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee.
- No refunds or credits will be given for cancellations received less than two full business days prior to the event.
- Cancellations greater than two weeks prior to the event will receive 100% refund.
- No vouchers will be issued in lieu of a refund.
- Transfers/substitute(s) welcome (notify in advance of the program).

# Americans with Disabilities Act



Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the ADA coordinator at least five days prior to the event at 252-737-1018 / [ada-coordinator@ecu.edu](mailto:ada-coordinator@ecu.edu).