



KEY ISSUES IN ASSESSING AND TREATING SERIOUS MENTAL ILLNESS

September 29, 2022

The Education Center at Eastern AHEC
2600 W. Arlington Blvd.
Greenville, NC



About The Workshop

This workshop will teach skills for assessing and working with major mental illnesses such as schizophrenia, bipolar disorder, schizoaffective disorder, other psychotic disorders and severe depression. DSM-5 diagnostic criteria will be reviewed and discussed. Complications of diagnosing when there is co-existing substance use will also be examined. Participants will practice diagnosing cases and preparing comprehensive treatment plans that are person centered and encompass a holistic approach to individuals. The afternoon will focus on providing treatment and the various possible treatment approaches. Special attention will be given to issues regarding building and maintaining rapport, medication adherence, substance use, and handling crises.

Objectives

- **List** the diagnostic criteria for the major mental illnesses
- **Explain** the possible interactions between substance use and mental illness
- **Prepare** a treatment plan for a client with serious mental illness
- **Describe** the main treatment approaches for this population
- **Examine** approaches to crisis intervention, working with families and helping clients adhere to medications

Target Audience

- Licensed Clinical Mental Health Counselors
- Peer Support Specialists
- Psychologists
- Marriage and Family Therapists
- Care Coordinators
- Substance Use Professionals
- Psychiatric Nurses
- Psychotherapists
- Case Managers
- Mental Health Practitioners
- Counselors
- Social Workers
- Individuals working with adults with severe and persistent mental illness
- Clinicians working on community support teams, ACT teams, clubhouses, day programs or inpatient settings.
- All interested behavioral health professionals

Faculty

Marilyn Ghezzi, MSW, LCSW, is a clinical assistant professor at the University of North Carolina at Chapel Hill School of Social Work. Before joining the faculty in 2008, Ms. Ghezzi worked for 20 years as a clinical social worker in the public mental health system. She uses her practice experience and mental health expertise to enrich her teaching in the MSW program in courses that cover an array of mental health topics, including mental health theory and practice, group work, brief treatment, dialectical behavior therapy, and differential diagnosis. Ms. Ghezzi is also involved in research as a co-investigator on the Mental Health Specialty Probation study. Ms. Ghezzi has won numerous awards for her teaching, including recognition as the “Most Outstanding Faculty Member” by the social work graduating classes of 2013, 2014, 2017 and 2019. In addition, Ms. Ghezzi was awarded the 2017 Distinguished Teaching Award for Post-Baccalaureate Instruction — an honor given to only four professors each year who are selected from the entire UNC-Chapel Hill system.

This presenter is being supported through a partnership between the UNC-CH, School of Social Work and the NCAHEC Program.

Agenda

8:30 a.m.	CHECK IN
9:00 a.m.	Overview of Population and Common Concerns Review of DSM-5 Diagnostic Criteria for Key Disorders
10:30 a.m.	BREAK
10:45 a.m.	<ul style="list-style-type: none">• Overview of Substance Use and Mental Illness Interactions• Practicing Diagnosing Cases
12:00 p.m.	LUNCH (on your own)
1:00 p.m.	Overview of Treatment Approaches and Medication Adherence Issues
2:30 p.m.	BREAK
2:45 p.m.	<ul style="list-style-type: none">• Rapport Building and Maintaining Relationships• Crisis Intervention• Working with Families• Skills Practice
3:30 p.m.	ADJOURNMENT

Credit

Category A-NC Psychology Credit:

This program will provide 5 contact hours of (Category A) continuing education for North Carolina psychologists.

No partial credit will be given.

Contact Hours:

Certificates reflecting 5 contact hours of education will be awarded at the completion of the program.

National Board for Certified Counselors Credit (NBCC):



Eastern AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5645. Programs that do not qualify for NBCC credit are clearly identified. Eastern AHEC is solely responsible for all aspects of the programs.

Substance Abuse Counselor Credit (SAC):

Application has been made to The North Carolina Addictions Specialist Professional Practice Board for 5 hours of Substance Abuse General Skill Building hours.

Program Location

This program is being held at the Eastern Area Health Education Center located at 2600 W Arlington Blvd, Greenville, NC.

Maps at http://eahec.edu.edu/map_directions.cfm

Americans with Disabilities Act



Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the ADA coordinator at least five days prior to the event at 252-737-1018 / ada-coordinator@ecu.edu.

Registration Information

Registration is online only at www.easternahec.net and requires a current MyAHEC account. Registration will close the day before the program at 12:00 p.m.

Fee: \$90.00

The registration fee includes program materials, refreshments, and credit.

Attendance at this activity grants permission for Eastern AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.

COVID-19 Seating Statement

Conference seating may be limited based on NC public health guidelines for gatherings to continue to slow the spread of COVID-19. Additional guidance for attending the conference will be emailed to you one week prior to the conference. More information will be posted to the Eastern AHEC website.

Eastern AHEC Cancellation Policy

- Cancellations must be in writing (easternahec@ecu.edu).
- Registrants canceling between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee.
- No refunds or credits will be given for cancellations received less than two full business days prior to the event.
- Cancellations greater than two weeks prior to the event will receive 100% refund.
- No vouchers will be issued in lieu of a refund.
- Transfers/substitute(s) welcome (notify in advance of the program).

Handouts and Evaluations

Handouts will be available online only. One week prior to the program, registrants will receive a confirmation email with instructions to access handouts along with other program information.

Evaluations will be emailed after the program. Once the evaluation has been completed, your certificate will be available.

Please bring a jacket or sweater to ensure your comfort.

If you would like more information on the program, please contact Mental Health Education at plummerb19@ecu.edu.