

Webinar
Option
Available!



Women's Health Conference

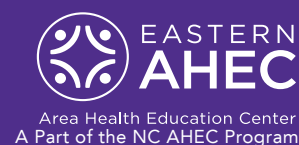
February 17, 2023

**The Education Center at Eastern AHEC
2600 W. Arlington Blvd., Greenville, NC
Also Presented via Live Webinar**

Jointly Provided by: The Department of Obstetrics and Gynecology and Continuing Medical Education of the Brody School of Medicine at East Carolina University®, and UNC Eshelman School of Pharmacy in association with Eastern Area Health Education Center



UNC
ESHELMAN
SCHOOL OF PHARMACY



The 2023 Brody School of Medicine Women's Health Conference, now in its 25th year, enables clinicians to engage in a discussion addressing the most clinically important topics relevant to women's health across the lifespan.

Studies show that women make up to 90 percent of the health care decisions for themselves and their families. The number of women aged 45 and older has increased significantly in the last ten years. In order to meet the health care demands of an aging population that traditionally experiences higher incidences of illnesses, we must work together to raise awareness about health promotion.

This conference is designed to empower healthcare providers to assist women in making informed decisions about health, well-being and personal safety. The agenda is designed to provide camaraderie and instruction for physicians, midwives, nurse practitioners, pharmacists and physician assistants with a broad range of topics relevant to women's health. Faculty of the highest caliber will challenge you to reach out to women – your patients, your colleagues, as well as to professional associations, state leadership, and health care advocacy organizations on the health issues of importance to your community, thereby creating tomorrow's success stories for women's health.

Content of educational objectives will be met through didactic presentations with ample time for questions and answers, as well as informal exchange and networking. A comprehensive online course syllabus is provided to all registrants.

Upon completion of this knowledge-based conference, participants should have a greater understanding of strategies to integrate into practice new developments in the following:

Sexually Transmitted Diseases: Screening and Management Update

- Review current screening guidelines for common sexually transmitted infections
- Discuss updated management guidelines for gonorrhea, chlamydia and trichomonas
- Review current recommendations for management of herpes simplex virus, hepatitis C, and syphilis

Are you PrEPared? A PEP talk about HIV Pre- and Post-exposure Prophylaxis

- Identify potential candidates for HIV pre-exposure prophylaxis (PrEP) and post-exposure prophylaxis (PEP)
- Review the updated CDC guidelines for initiation and monitoring of patients on PrEP and PEP
- Discuss the current treatment options for PrEP and PEP

The Benign Breast

- Review basic risk assessment for breast cancer and evaluate the tools required to do so
- Synthesize all breast cancer screening recommendations available for the average risk patient
- Discuss the management of the patient who is at high risk for breast cancer
- Describe the variety of benign breast pathologies that a patient can present with and examine the appropriate management algorithms

Trauma-Informed Gynecologic Care

- Discuss of how experiencing sexual trauma affects physical and mental health and accessing healthcare
- Review pelvic exam appropriateness and guidelines
- Discuss patient-centered approaches to pelvic exams and gynecologic care to reduce risk for trauma and retraumatization

Why Women Leak Urine and What Can be Done About It?

- Discuss urinary incontinence as a chronic disease
- Describe the three most common types of urinary incontinence in women
- Review the five basic treatment approaches to any pelvic floor problem
- Discuss the mean outcome of a midurethral sling procedure and describe one factor that mitigates this outcome
- Summarize three overactive bladder treatments

Pediatric Gynecology

- Describe common gynecologic problems experienced by pediatric patients
- Review methods of eliciting a pertinent history and performing a focused physical examination that is age appropriate
- Discuss treatment of pediatric gynecologic disorders

Substance Use Disorders and Women's Health

- Review substance use and addiction in general
- Discuss screening and identification of substance use disorders
- Review commonly used substances with a focus on opioids and available treatment options
- Discuss the need for compassionate, comprehensive care

Nutritional Needs After Weight Loss Surgery

- Discuss preparing the gut and the table for surgery
- Review dietary progression for successful weight loss
- Discuss vitamin and mineral requirements for life

Agenda

- 7:30 a.m.** **Check In (Onsite) and Log On (Virtually)**
- 8:00 a.m.** **Welcome and Overview**
- 8:10 a.m.** **Sexually Transmitted Diseases: Screening and Management Update**
Courtney Strickland, MD
- 9:00 a.m.** **Are you PrEPared? A PEP talk about HIV Pre- and Post-exposure Prophylaxis**
Alexandra Stang, MD and Sarah Cook, MPAS, PA-C
- 9:50 a.m.** **Break**
- 10:05 a.m.** **The Benign Breast**
Karinn Chambers, MD
- 11:00 a.m.** **Trauma-Informed Gynecologic Care**
Caitlin Heredia, PA-C
- 12:00 p.m.** **Lunch Break**
- 12:45 p.m.** **Why Women Leak Urine and What Can be Done About It?**
James Whiteside, MD
- 1:30 p.m.** **Pediatric Gynecology**
Tana Hall, MD
- 2:15 p.m.** **Substance Use Disorders and Women's Health**
David Ryan, MD
- 3:15 p.m.** **Break**
- 3:30 p.m.** **Nutritional Needs After Weight Loss Surgery**
Colleen Bucher, RDN, LDN and Kelli Oldham, MS, RDN, CSO, LDN
- 4:15 p.m.** **Q&A**
- 4:30 p.m.** **Adjourn**

Who Should Attend

This conference has been designed to meet the continuing medical education needs of Physicians, Nurse Practitioners, Physician Assistants, Midwives, Pharmacists and other team members involved in the management of women's health.

Faculty

Brody School of Medicine Program Directors

Kerianne Crockett, MD

Clinical Assistant Professor
Assistant Clerkship Director
Department of Obstetrics and Gynecology

Courtney Strickland, MD, FACOG

Clinical Assistant Professor
Associate M3 Clerkship Director
Department of Obstetrics and Gynecology

Brody School of Medicine Faculty

Colleen S. Bucher, RDN LDN

Registered Dietitian
Department of Surgery

Kelli Oldham, MS, RDN, CSO, LDN

Registered Dietitian
Department of Surgery

Karinn Chambers, MD FACS

Clinical Associate Professor
Department of General Surgery
Division of Surgical Oncology
Breast Surgical Oncology

Alexandra Stang, MD

Clinical Assistant Professor
Department of Internal Medicine
Division of Infectious Disease

Sarah Cook, MPAS, PA-C

Department of Internal Medicine
Division of Infectious Disease

James L. Whiteside, MD, MA, MHA, FACOG, FACS

Professor and Chair
Department of Obstetrics & Gynecology

Tana L. Hall, MD, FACOG

Associate Professor and Vice Chair
Department of Obstetrics & Gynecology
Division Chief of General Obstetrics & Gynecology

Guest Faculty

Caitlin Heredia, PA-C

UNC Chapel Hill Campus Health
Carolina Complete Health Network

David H. Ryan MD FACOG

Medical Director
Walter B. Jones Center
NC Department of Health and Human Services

Credit

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Brody School of Medicine at East Carolina University and UNC Eshelman School of Pharmacy in association with Eastern Area Health Education Center. The Brody School of Medicine at East Carolina University is accredited by the ACCME to provide continuing medical education for physicians.

Credit: The Brody School of Medicine at East Carolina University designates this live activity for a maximum of 7.0 AMA *PRA Category 1 Credits™*. Physicians should claim only those credits commensurate with the extent of their participation in the activity.

PHYSICIAN ASSISTANTS:

AAPA accepts certificate of participation for educational activities certified for *AMA PRA Category 1 Credits™* from organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum of 7.0 hours of Category 1 credit for completing this program.

EAHEC Contact Hours: This program has been approved for 7.0 EAHEC contact hours. This activity was designated for 7.0 *AMA PRA Category 1 Credits™*.

Pharmacists:



The University Of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. ACPE program 0046-9999-23-008-L99-P provides 7.0 contact hours of continuing pharmacy education credit. To receive CE credit, participants must verify attendance, and complete the evaluation form(s) of this program. Participants must provide their name, email address, NABP e-Profile ID, and date of birth (MMDD) to receive credit. Statements of credit can be viewed and printed in CPE Monitor in approximately 2 to 3 weeks. It is the participant's responsibility to check CPE Monitor to verify credit has been uploaded. If credit is not shown please contact the provider ****No partial session credit will be given****

Registration Information

Registration is online only at www.easternahec.net and requires a current MyAHEC account. Registration will close the day before the program at 12:00 p.m.

Registration Fees (Includes Educational Sessions, Online Handouts, and Lunch for in-person participants)

\$ 145	MD, DO, PhD, PharmD, Other Doctorates
\$ 95	NP, PA, RN, Other Healthcare Professionals
\$ 50	Residents, Medical Students

NC AHEC Photo Statement

Attendance at this activity grants permission for Eastern AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.

Webinar Information

A link and information for joining via webinar will be included in your confirmation email sent one week before the program.

[Click here](#) to view technical requirements and privacy information. Please test your computer system ahead of time to make sure you will be able to participate.

All Rights Reserved Statement

You may not record, reproduce, publish, distribute, modify, create derivative works, or transmit any program content and/or material presented during continuing professional development (CPD) activities. Continuing professional credit will not be given for unauthorized copied and transmitted recordings of any CPD programs and other activities. Prior registration and attendance are required to receive continuing professional credit.

Handouts

Handouts will be available online only. A few days prior to the program, registrants will receive a confirmation email with instructions to access handouts along with other program information.

Evaluations will be emailed after the program. Once the evaluation has been completed, your certificate will be available.

Eastern AHEC Cancellation Policy

- Cancellations must be in writing (easternahec@ecu.edu).
- Registrants canceling between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee.
- No refunds or credits will be given for cancellations received less than two full business days prior to the event.
- Cancellations greater than two weeks prior to the event will receive 100% refund.
- No vouchers will be issued in lieu of a refund.
- Transfers/substitute(s) welcome (notify in advance of the program).

Americans with Disabilities Act



Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the ADA coordinator at least five days prior to the event at 252-737-1018 / ada-coordinator@ecu.edu.

For further assistance, please call Sarah Warren at **252-744-5223** or email at warrensa22@ecu.edu.