

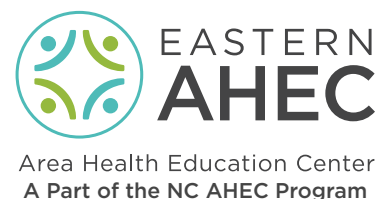


# A-Z Diabetes Boot Camp

March 27-31, 2023

The Education Center at Eastern AHEC  
2600 W. Arlington Blvd.  
Greenville, NC

Jointly provided by: The Department of Internal Medicine, Division of Endocrinology and Continuing Medical Education of the Brody School of Medicine at East Carolina University®, and Eastern Area Health Education Center Department of Nursing and Allied Health Education



# About the Course

The A-Z Diabetes Boot Camp is a week-long, in-depth course designed to enhance the health care professional's knowledge of diabetes and promote patient and family centered partnerships in self-management and support. Current diabetes guidelines and standards of practice and evidence-based strategies in Diabetes Self-Management Education (DSME) provide the foundation for this elite Boot Camp.

## Target Audience

This conference is intended for registered nurses, dietitians, health educators, nurse practitioners, and other health care professionals interested in helping people with diabetes achieve behavior change.

## Learning Outcome

The participants will have increased knowledge on how to effectively facilitate behavioral changes in people with diabetes.

## Overall Objectives

- Describe the diagnosis criteria and pathophysiology of diabetes type 1 and 2
- Demonstrate self-management skills that people with diabetes can utilize to manage their diabetes
- Describe the role of nutrition and carbohydrate counting with diabetes treatment
- Explain glucose monitoring and pattern management
- Describe various oral glucose lowering agents, injectable medications, and technology (CGMs and CSII)
- Examine diabetes during stages of pregnancy and childhood
- Explore the importance of daily activity and effect of exercise on insulin resistance
- Evaluate complications and clinical manifestations with diabetes, prevention, and treatment
- Review self-management tools and skills needed for people with diabetes
- Recognize the impacts that health inequalities and disparities have on diabetes outcomes
- Discuss updates in diabetes management and Standards of Care

***A complete list of objectives will be included with the program materials. The program handouts will be shared electronically.***

## Americans with Disabilities Act



Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the ADA coordinator at least five days prior to the event at 252-737-1018 / [ada-coordinator@ecu.edu](mailto:ada-coordinator@ecu.edu).

## Handouts and Evaluations

Handouts will be available online only. One week prior to the program, registrants will receive a confirmation email with instructions to access handouts along with other program information.

Evaluations will be emailed after the program. Once the evaluation has been completed, your certificate will be available.

For more information, call **252-744-3087**.

# Credit

## Nurses

35 Nursing Contact Hours

17.5 hours of which are Pharmacotherapeutic content Eastern AHEC Department of Nursing and Allied Health Education is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

## Dietitians

Application has been submitted to the Commission on Dietetic Registration (CDR), an approver of Continuing Professional Education (CPE) programs for Registered Dietitians.

## Other Professionals

35 Eastern AHEC Contact Hours

## Registration Information

Registration is online only at [www.easternahec.net](http://www.easternahec.net) and requires a current MyAHEC account. Registration will close on March 20, 2023, at noon or when the maximum number of registrants is reached. Light breakfast, lunch and afternoon snack will be provided Monday through Thursday. A light breakfast will be provided Friday morning.

Registration Fee: **\$500.00**

### All Rights Reserved Statement

You may not record, reproduce, publish, distribute, modify, create derivative works, or transmit any program content and/or material presented during continuing professional development (CPD) activities. Continuing professional credit will not be given for unauthorized copied and transmitted recordings of any CPD programs and other activities. Prior registration and attendance are required to receive continuing professional credit.

*Attendance at this activity grants permission for Eastern AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.*

### COVID-19 Seating Statement

Conference seating may be limited based on NC public health guidelines for gatherings to continue to slow the spread of COVID-19. Additional guidance for attending the conference will be emailed to you one week prior to the conference. More information will be posted to the Eastern AHEC website.

## NC AHEC Cancellation Policy

- Cancellations must be in writing ([easternahec@ecu.edu](mailto:easternahec@ecu.edu)).
- Registrants canceling between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee.
- No refunds or credits will be given for cancellations received less than two full business days prior to the event.
- Cancellations greater than two weeks prior to the event will receive 100% refund.
- No vouchers will be issued in lieu of a refund.
- Transfers/substitute(s) welcome (notify in advance of the program).