



CO-OCCURRING DISORDERS: THE CHICKEN OR THE EGG

April 11, 2024

**The Education Center at Eastern AHEC
Greenville, NC**

**EASTERN
AHEC**

PART OF NC AHEC

www.easternahec.net

About The Workshop

This program will explore the challenges and solutions when working with people who have co-existing conditions affecting their level of functioning. For many decades, the stigma of substance use disorders and treatment have interfered with treating the whole individual, and the same could be said for substance abuse professionals who treat those with mental health conditions. This program addresses the importance of dual diagnosis integrated treatment approaches in the world of evidence-based practices.

Target Audience

- Substance Use Clinicians
- Licensed Clinical Mental Health Counselors
- Psychologists
- Marriage and Family Therapists
- Case managers
- Psychotherapists
- Counselors
- Social Workers
- All interested behavioral health professionals

Faculty

Brandon Robinson is a Licensed Clinical Addiction Specialist, Licensed Clinical Mental Health Counselor, and Certified Clinical Supervisor. Currently, he owns a private practice in Raleigh, where he provides clinical supervision, conducts highly structured clinical interventions for families struggling to get their loved one into treatment, and sees clients out of this location who suffer from substance use disorder and other co-occurring conditions. Most notably, between 2012 and 2019 Brandon was the clinical director for Wake County Drug Treatment Court, where Brandon helped integrate policies on harm reduction approaches into the criminal justice system. He has a Master of Science degree in Rehabilitation Studies and Substance Abuse Counseling from East Carolina University.

Objectives

- **Identify** similarities between mental health and substance misuse/abuse diagnosis and symptoms
- **Recognize** symptoms of Post Acute Withdrawal Syndrome
- **Screen** for co-occurring disorders
- **Examine** assessment and diagnosis considerations for people with multiple disorders
- **Write** treatment planning goals and objectives
- **Become** familiar with the “Integrated Treatment” approach
- **Describe** successful treatment principles and approaches

Agenda

- 8:30 a.m. CHECK-IN/REFRESHMENTS
- 9:00 a.m. • Similarities between Mental Health and Substance Use Problems
• Post-Acute Withdrawal Syndrome
- 10:15 a.m. BREAK
- 10:30 a.m. • DSM-5 TR Considerations
• Screening
• Assessment and Diagnosis
- 12:15 p.m. LUNCH (on your own)
- 1:15 p.m. Treatment Planning
- 2:15 p.m. BREAK
- 2:30 p.m. • “Integrated Treatment “ Approach
• Successful Treatment Principles
- 4:30 p.m. ADJOURNMENT

Handouts and Evaluations

Handouts will be available online only. One week prior to the program, registrants will receive a confirmation email with instructions to access handouts along with other program information.

Evaluations will be emailed after the program. Once the evaluation has been completed, your certificate will be available.

Eastern AHEC Cancellation Policy

- Cancellations must be in writing (easternahec@ecu.edu).
- Registrants canceling between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee.
- No refunds or credits will be given for cancellations received less than two full business days prior to the event.
- Cancellations greater than two weeks prior to the event will receive 100% refund.
- No vouchers will be issued in lieu of a refund.
- Transfers/substitute(s) welcome (notify in advance of the program).

Credit (No partial credit available for this program)

Category A-NC Psychology Credit:

This program will provide 6.0 contact hours of (Category A) continuing education for North Carolina psychologists. **No partial credit will be given.**

Contact Hours:

Certificates reflecting 6.0 contact hours of education will be awarded at the completion of the program.

National Board for Certified Counselors Credit (NBCC):



Eastern AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5645. Programs that do not qualify for NBCC credit are clearly identified. Eastern AHEC is solely responsible for all aspects of the programs.

Substance Abuse Counselor Credit (SAC):

Application has been made to the North Carolina Addictions Specialist Professional Practice Board for up to 6.0 hours of Substance Abuse Specific hours.

Registration Information

Registration is online only at www.easternahec.net and requires a current MyAHEC account.

Fee: \$90.00

The registration fee includes program materials, credit, and refreshments.

NC AHEC Photo Policy

Attendance at this activity grants permission for Eastern AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns

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Americans with Disabilities Act



Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the ADA coordinator at least five days prior to the event at 252-737-1018 / ada-coordinator@ecu.edu.

If you would like more information on the program, please contact Mental Health Education at **(252) 744-5215** or truesdellk22@ecu.edu.