

Live Webinar
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STEPS TO AGE WELL: CULTIVATING A FALLS PREVENTION CULTURE ACROSS THE LIFESPAN

April 25, 2024

The Education Center at Eastern AHEC
2600 West Arlington Blvd.
Greenville, NC

Also Presented via Live Webinar

Jointly provided by: NC Falls Prevention Coalition and Eastern AHEC Department of Nursing and Allied Health

This conference is partially supported with funding under CDC Cooperative Agreement #CDC-RFA-CE21-2101 awarded to the NC Division of Public Health, Injury and Violence Prevention Branch.

Description

The NC Falls Prevention Coalition and Standing Strong North Carolina seek to reduce the number of injuries and deaths due to falls among older adults and adults at risk for falling in North Carolina. This program will include new perspectives on using an evidence-based and evidence-informed approach to falls prevention across the lifespan.

Who Should Attend

Aging services providers, housing specialists, physical therapists, occupational therapists, and other health-care providers across the continuum of care, public health professionals, community-based organizations, and government agencies.

Program Objectives

- Reflect on the family's role in preventing falls for members of all ages and abilities
- Discuss best practice for provider-patient conversations related to fall risk and prevention
- Describe interventions to prevent/reduce falls in a nursing home setting
- Discuss falls prevention strategies among special populations like those who experience intellectual or developmental disabilities
- Describe examples of how clinical and community partnerships work together to prevent falls
- Describe the role of occupational therapy and a county health department in falls prevention and home safety
- Discuss how driver safety and falls risk intersect among older adults
- Describe vestibular rehabilitation and how it impacts falls prevention in older adults

Faculty

Debbie Antonelli, Keynote Speaker

Emmy-winning National Basketball Analyst
NC Sports Hall of Famer
Women's Basketball Hall of Famer

Lara Surles, MD

Physician's East PA - Farmville
ECU Health Medical Center

Sherri Stoltzfus, LNHA

The Greens at Lincolnton, Lincolnton, NC

Donnie C. Smith, PT

Director of Physical and Occupational Therapy Services
Division of State Operated Healthcare Facilities,
Murdoch Developmental Center

Chia-Cheng "James" Lin, PhD, PT, MSPT

Assistant Professor, College of Allied Health Sciences
Department of Physical Therapy
East Carolina University

Ann Marie Nye, PharmD, CPP

Associate Professor of Pharmacy Practice
Campbell University
Affiliate Associate Professor of Family Medicine,
East Carolina University

Michelle Ethridge, RN, CP-C

Community Paramedic
Pitt County EMS

Marie Dagger, MS, OTR/L, ECHM

AFA Certified Dementia Care Partner Aging Transitions Occupational Therapist
Orange County Department on Aging

Anne E. Dickerson, PhD, OTR/L, SCDCM, FAOTA, FGSA

Professor, Department of Occupational Therapy
East Carolina University
Senior Driver Safety Coalition, UNC Highway Safety Research Center
Director of ROADI (Research for Older Adult Driving Initiative)

Helen Houston, MS, OTR/L

Occupational Therapy Clinical Specialist
Clinical Fieldwork Coordinator
ECU Health

Braun Woolard, PT

Vestibular Therapy Program
ECU Health

Agenda

- 9:00 a.m.** **Check-In/Breakfast/Visit vendors/Webinar Log-In**
- 9:30 a.m.** **Welcome and Keynote**
Standing Strong at All Ages for All People: A Family Perspective from Team Antonelli
Debbie Antonelli
- 10:15 a.m.** **A Doctor-Patient Perspective**
A Fall is a Fall, No Matter How Small
Lara Surlles, MD
- 11:00 a.m.** **Break/Visit vendors**
- 11:30 a.m.** **Concurrent Sessions (pick one)**
- Session 1 - Personalizing Interventions to Prevent and Reduce Falls in a Nursing Home Setting**
Sherri Stoltzfus, LNHA
- Session 2 - Preventing Falls in Adults with I/DD: Our Experience at Murdoch Developmental Center**
Donnie C. Smith, PT
- 12:15 p.m.** **Lunch**
- 1:15 p.m.** **Concurrent Sessions (pick one)**
- Session 1 - Panel: Clinical-Community Partnerships to Prevent Falls**
Chia-Cheng “James” Lin, PhD, PT, MS
Ann Marie Nye, PharmD, CPP
Michelle Ethridge, RN, CP-C
- Session 2 - Staying Safe at Home - Occupational Therapy in Community Aging Services**
Marie Dagger, MS, OTR/L, ECHM
- 2:00 p.m.** **Break**
- 2:15 p.m.** **Concurrent Sessions (pick one)**
- Session 1 - Road to Resilience: Driver Safety and Falls Risk**
Anne E. Dickerson, PhD, OTR/L, SCDCM, FAOTA, FGSA
Helen Houston, MS, OTR/L
- Session 2 - A Balancing Act: What is Vestibular Rehabilitation?**
Braun Woolard, PT
- 3:00 p.m.** **Break/Room Transition**
- 3:10 p.m.** **Closing Remarks**
- 3:30 p.m.** **Adjourn**

Credit

Eastern AHEC Contact Hours: 4 Contact Hours

Occupational Therapist/Assistant:

As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section .0800 of the NCBOT Rules. 4.0 CCAs. Please select contact hours for your certificate.

Physical Therapy Continuing Competence:

Eastern AHEC, as part of the NC AHEC system, is a NCBPTE- approved provider of continuing competence for activities directly related to physical therapy. NCBPTE 3.0 contact hours

Must attend the entire program to receive credit. No partial credit will be awarded.

Registration Information

Registration is available online only at www.easternahec.net and requires a current MyAHEC account. Registration will close the morning of the program.

Registration Fee: \$75

Webinar Information: A link and information regarding joining via webinar will be included in your confirmation email. [Click here](#) for technical requirements and privacy information.

NC AHEC Photo Policy

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Eastern AHEC Cancellation Policy

- Cancellations must be in writing (easternahec@ecu.edu)
- Registrants canceling between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee.
- No refunds or credits will be given for cancellations received less than two full business days prior to the event.
- Cancellations greater than two weeks prior to the event will receive 100% refund.
- No vouchers will be issued in lieu of a refund.
- Transfers/substitute(s) welcome (notify in advance of the program)

Handouts and Evaluations

Handouts will be available online only. One week prior to the program, registrants will receive a confirmation email with instructions to access handouts along with other program information.

Evaluations will be emailed after the program. Once the evaluation has been completed, your certificate will be available.

Americans with Disabilities Act



Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the ADA coordinator at least five days prior to the event at 252-737-1018 / ada-coordinator@ecu.edu.

If you would like more information on the program, please call EAHEC Department of Nursing and Allied Health at **252-744-5211** or email muhammads23@ecu.edu.