



# EVIDENCE-BASED TREATMENT OF CHILDHOOD TRAUMA

May 15, 2025

Presented via Live Webinar

[www.easternahec.net](http://www.easternahec.net)

**EASTERN  
AHEC**

PART OF NC AHEC

## About The Workshop

This workshop increases the capacity and effectiveness of service professions providing treatment to individuals who have been impacted by childhood trauma. We will review information on the prevalence of trauma and ACES and its impact across the lifespan. Information about how to use trauma-focused assessment tools to drive evidence-based treatments will be provided. Participants will be introduced to trauma-specific treatments and provided with resources and information to assist with the treatment process. Finally, the importance of self-care will be discussed as an essential tool in providing effective services for childhood trauma.

## Target Audience

- Substance Use Clinicians
- Licensed Clinical Mental Health Counselors
- Psychologists
- Marriage and Family Therapists
- Therapists and Clinicians working with children/adolescents, families and adults
- Psychiatric nurses
- Case managers
- Psychotherapists
- Counselors
- Social Workers
- All interested behavioral health professionals

## Faculty

**Kelly Graves, PhD**, is a licensed clinical psychologist in the state of North Carolina. After serving as a tenured Associate Professor for a combined almost 16 years at UNCG and North Carolina A&T, Dr. Graves decided to pursue her passion of bridging research and practice by hanging up her academia hat and founding Kellin, PLLC and its non-profit partner the Kellin Foundation. Since that time, the Kellin Foundation has been named a partner with the National Child Traumatic Stress Network (NCTSN) for its expertise in community-based trauma recovery for children and families, which is the second site in the state of North Carolina behind Duke University. Dr. Graves is a consultant with the United States Department of Justice and has been invited to the White House under the Obama Administration to participate in think tank efforts around building community resiliency. She is also a training consultant with the UNC-CH School of Social Work's AHEC Training Partnership. She has successfully implemented dozens of large-scale grants totaling over \$20 million dollars focused on community change. Dr. Graves is an accomplished scholar with dozens of peer-reviewed publications, books, and book chapters. She developed the Greensboro Child Response Initiative, which is a nationally recognized model by the US Department of Justice for best practices in responding to children exposed to violence. Dr. Graves has received numerous awards, including the American Psychological Association Division 56 Trauma award, named as a Top Psychologist award with the International Association of Health Care Professionals, the 2024 Women in Business Award from the Triad Business Journal, the UNCG Distinguished Alumni Award in Psychology, the North Carolina Psychology Association Sally B. Cameron Award, and most recently, a Coin of Excellence for her service and support for military and veteran families.

# Objectives

- **Review** the prevalence of trauma and ACES and its impact across the lifespan
- **Examine** the best available science on empirically supported trauma assessment tools and on trauma-focused, evidence-based treatment models
- **Discuss** the importance of self-care as an essential tool for effective services

# Agenda

- 8:30 a.m. LOG-IN
- 9:00 a.m. • Foundations of Childhood Trauma  
• Prevalence and Assessment to Drive Treatment
- 10:00 a.m. BREAK
- 10:15 a.m. • Evidence-Based Treatment Models  
• Case Studies  
• Self-Care as an Essential Tool
- 12:15 p.m. ADJOURNMENT

# Handouts and Evaluations

Handouts will be available online only. One week prior to the program, registrants will receive an event reminder email with instructions to access handouts along with other program information.

Evaluations will be emailed after the program. Once the evaluation has been completed, your certificate will be available.

# Eastern AHEC Cancellation Policy

- Cancellations must be in writing (easternahec@ecu.edu).
- Registrants canceling between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee.
- No refunds or credits will be given for cancellations received less than two full business days prior to the event.
- Cancellations greater than two weeks prior to the event will receive 100% refund.
- No vouchers will be issued in lieu of a refund.
- Transfers/substitute(s) welcome (notify in advance of the program).

# Americans with Disabilities Act



Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the ADA coordinator at least five days prior to the event at 252-737-1018 / ada-coordinator@ecu.edu.

# Credit (No partial credit available for this program)

## Category A-NC Psychology Credit:

This program will provide 3 contact hours of (Category A) continuing education for North Carolina psychologists. **No partial credit will be given.**

## Contact Hours:

Certificates reflecting 3 contact hours of education will be awarded at the completion of the program.

## National Board for Certified Counselors Credit (NBCC):



Eastern AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5645. Programs that do not qualify for NBCC credit are clearly identified. Eastern AHEC is solely responsible for all aspects of the programs.

## North Carolina Public School Personnel Renewal Credit (PSPR)

Certificates for 3 contact hours of education will be awarded at the completion of the program.

## Substance Abuse Counselor Credit (SAC):

Application has been made to the North Carolina Addictions Specialist Professional Practice Board for up to 3 hours of Substance Abuse General Skill Building hours.

# Registration Information

Registration is online only at [www.easternahec.net](http://www.easternahec.net) and requires a current MyAHEC account. Registration will close at the start of the program.

**Fee: \$55.00**

The registration fee includes program materials and credit.

**Webinar Information:** A link and information regarding joining via webinar will be included in your event reminder email.

**Click here** for technical requirements and privacy information.

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If you would like more information on the program, please contact Mental Health Education at **(252) 744-5228** or [legerel14@ecu.edu](mailto:legerel14@ecu.edu).